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# CLASSICAL CAFFEINE

- Bizet-Shchedrin: Carmen Ballet – VIII. Bolero (1:19)**  
James DePreist, conductor; Orchestre Philharmonique de Monte-Carlo
- Prokofiev: Classical Symphony, Op. 25, Finale (3:43)**  
Gerard Schwarz, conductor; Los Angeles Chamber Orchestra
- Milhaud: Brasileira (From Scaramouche) (2:18)**  
Ruben Aharonian, violin; Svetlana Safonova, piano
- Shostakovich: Spanish Dance from The Gadfly (2:38)**  
Constantine Orbelian, conductor; Moscow Chamber Orchestra
- Hummel: Trumpet Concerto in E Major, Rondo (3:34)**  
Gerard Schwarz, trumpet, conductor; New York Chamber Symphony
- Kabalevsky: Galop from “The Comedians” (1:30)**  
Byelorussian Radio and TV Symphony Orchestra  
Anatoly Lapunov, conductor
- Bach: Brandenburg Concerto No. 2, BWV 1047, 3. Allegro assai (2:41)**  
David Bilger, trumpet; Ransom Wilson, flute; Stephen Taylor, oboe;  
Chamber Music Society of Lincoln Center
- Khachaturian: Masquerade Suite, Mazurka (2:27)**  
Constantine Orbelian, conductor; Philharmonia of Russia
- Tamarin: Tapestry (2:18)**  
Style of Five, Russian Folk Ensemble
- J.S. Bach: Orchestral Suite #3, BWV 1068 – 3. Gavottes (2:59)**  
Brazilian Guitar Quartet
- Handel: Water Music, HWV 349-350 – Giges (1:15)**  
Gerard Schwarz, conductor; Los Angeles Chamber Orchestra
- Grieg: Holberg Suite, Prelude (2:38)**  
Constantine Orbelian, conductor; Moscow Chamber Orchestra
- Tchaikovsky: Grand Polonaise from Eugene Onegin (4:15)**  
Constantine Orbelian, conductor; Philharmonia of Russia
- Pictures from Bashu – Six Folk Songs:  
Evening Dance at Aba (1:03)**  
Shanghai Quartet; Eugenia Zukerman, flute
- J.S. Bach: Brandenburg Concerto #6, BWV 1051, Allegro (5:07)**  
Los Angeles Guitar Quartet
- Irish Jigs Traditional Irish (arr. Benusan) (2:56)**  
Scott Tennant, guitar
- Gomes: Sonata in D, Burrico De Pau (Rocking Horse) (3:35)**  
Brazilian Guitar Quartet
- Debussy: Petite Suite, Ballet (3:14)**  
iDuo: Vadym Kholodenko & Andrey Gugin, pianists
- Francoeur: Sonata in E for Cello & Piano – V. Gigue (2:04)**  
Zuill Bailey, cello; Simone Dinnerstein, piano
- Rameau: Tambourin (1:08)**  
Style of Five, Russian Folk Ensemble
- Beethoven: Septet Op. 20, V. Scherzo (3:03)**  
Chamber Music Society of Lincoln Center
- Mozart: Symphony No. 41, “Jupiter” K. 511, IV. Molto Allegro (5:40)**  
Gerard Schwarz, conductor; Los Angeles Chamber Orchestra



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**WARNING:** Antidepressant – May cause feelings of happiness and irrational optimism. Contains high-energy Bach, Mozart, Khachaturian, Tchaikovsky, Shostakovich, Vivaldi, Beethoven, Prokofiev, Debussy and others.

Do you need a jump-start, but don't like getting all jumpy? Do you want to rev up your energy level, elevate your mood and boost your productivity without that strung-out, "wired" feeling that too much caffeine leaves you with? Have too many trips to your favorite coffee shop left both you and your budget uptight? Do you dread that eventual, inevitable post-espresso crash?

With our **Classical Caffeine** album now in your library, it's Delos to the rescue! Happy, high-energy music has been scientifically proven to make you feel better. It can stimulate both mind and body, banish moody spells, refresh flagging spirits, promote energy, and leave you with a smile on your face and a spring in your step. Combing through our extensive catalog, we have come up with a sure-fire assortment of manic, fun music that's guaranteed to wake you up and get you going!

Who says the great classical masters are invariably somber and serious? Even the great J.S. Bach – despite his reams of sober sacred music – loved lively dance tunes, and often jazzed up works like his *Brandenburg Concertos* (tracks 7, 15) and *Orchestral Suites* (track 10) with them. Fellow Baroque master Handel also produced many a jaunty dance-tune – like the "Gigue" heard here (track 11) from his ever-popular *Water Music*. Let's not leave the French Baroque out: Rameau's gracefully perky 'Tambourin' (track 20) will make you glad we didn't.

Classical-era composers were no slouches, either, when it came to high-energy music. As partial proof, we offer a cheery and charming movement from Francoeur's *Cello Sonata in E* (track 19). We dare you not to tap your toes to Hummel's fabulously frisky finale from the *Trumpet Concerto in E* (track 5). Beethoven?!? Indeed, even notoriously grumpy Ludwig had his lighter and more humorous side: dig the witty 'Scherzo' from his wonderfully jolly *Septet* (track 21). And, now that you're awake, hold onto your hats as Mozart takes you on a hurtling, headlong ride with the incredibly brainy fugale finale to his incomparable "Jupiter" Symphony (track 22).



Few Romantic-era composers could top Bizet's sprightly sounds – especially in this album's version of the 'Bolero' movement from Shchedrin's *Carmen Ballet* arrangement (track 1). The happy, high spirits of the prelude to Grieg's *Holberg Suite* (track 12) are irresistibly infectious.

Despite all the high emotion and pathos of Russian composers, most of them could be bright and boisterous when the mood struck. Tchaikovsky could be as brisk and bouncy as any of them (though a bit more elegant), as in his 'Grand Polonaise' from *Eugene Onegin* (track 13). Prokofiev was uncharacteristically elegant as well in the otherwise brilliant romp of the finale to his bubbly *Classical Symphony* (track 2). There's a bumptious, slightly goofy touch in much of Shostakovich's faster music; you'll notice it in the whirling 'Spanish Dance' from his *Gadfly* (track 4). Khachaturian's 'Mazurka,' from his *Masquerade Suite* (track 8), follows suit – with its exuberant, pounding air. And hang on for dear life as Kabalevsky plays the clown while taking you on a precariously headlong mad dash with the 'Comedians' Galop' from his suite, *The Comedians* (track 6).

Happy Hispanic flavor abounds in the cheery 'Rocking Horse' movement from Brazilian composer A.C. Gomes' vivacious *Sonata in D* (track 17). You'll want to get up and dance for sure when you hear the contagiously effervescent Latin strains of Milhaud's 'Brasiliera' (even though he was a Frenchman), from his well-known *Scaramouche Suite* (track 3). Speaking of Frenchmen: saucy, playful Gallic flavors permeate the delightful 'Ballet' section of Debussy's *Petite Suite* (track 18).

Finally, we can't leave out the frequent vigor and sparkle of folk (or folk-influenced) music. And that's just what we get in Tamarin's busy and bustling 'Tapestry' (track 9). Then there's the short and scintillating 'Evening Dance at Aba,' one of the Asian-flavored Pictures from *Bashu: Six Folk Songs* (track 14). And, finally, what could be more fun and folksy than a medley of sprightly 'Irish jigs' (track 16)?

Everybody loves a brash and bracing musical pick-me-up, whatever its nationality or cultural tradition may be. May this lovingly chosen collection from Delos help to get your day off to a better start, or restore your drooping spirits whenever the vagaries of life have you down in the dumps. Great music refreshes, stimulates and heals – in more ways than one.

– Lindsay Koob





**Executive Producer: Carol Rosenberger**  
**Booklet editor: Lindsay Koob • Mastering: Matthew Snyder**

## **RECORDING CREDITS FOR ORIGINAL TRACKS**

**Delos Executive Producer: Amelia S. Haygood (tracks 1, 2, 4, 5, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 20, 21, 22);**  
**Carol Rosenberger (tracks 4, 8, 9, 10, 12, 13, 14, 16, 17, 18, 20)**

**Recording Producer: Ramiro Belgardt (tracks 1, 4, 8, 12, 13, 15); Marc Aubort/Joanna Nickrenz (tracks 2, 11, 22); Stephen Basili (tracks 7, 21); Vladimir Ivanovich (tracks 9, 20); Chris Landen (tracks 10, 14); Peter S. Myles (track 16); Sérgio Abreu (track 17); Ilya Karpos (track 18); Adam Abeshouse (track 19); Karl Held (track 21)**

**Recording Engineer: John Eargle (tracks 1, 7, 12); Jeff Mee (tracks 4, 8, 9, 10, 13, 14, 16, 17, 20); Marc Aubort (tracks 2, 11, 22); Stephen Basili (tracks 15, 21); Dmitri Misailov (track 3); Stan Ricker (track 5); Eduard Martens (track 6); Plínio Hessel Jr. (track 17); Ilya Karpos (track 18); Adam Abeshouse (track 19)**

**Recorded: Great Hall, Moscow Conservatory, Moscow, Russia (tracks 4, 8, 9, 13, 20); First Congregational Church, Los Angeles (tracks 10, 15, 16,); Bridges Auditorium, Claremont, CA (tracks 2, 11, 22); Performing Arts Center, Purchase College, NY (tracks 7, 21); Salle Garnier of the Casino of Monte-Carlo, Monaco (track 1); Organ Hall of the Glinka Museum, Moscow, Russia (track 3); Masonic Temple Auditorium, New York (track 5); Radio Committee Recording Studio, Minsk (track 6); Skywalker Sound, Marin County, CA (track 12); Chapel of St. Anthony's Seminary, Santa Barbara, CA (track 14); Chapel of São Bento Monastery, Vinhedo, São Paulo, Brazil (track 17); Recording Studio of the Academy of Choral Art, Moscow (track 18)**

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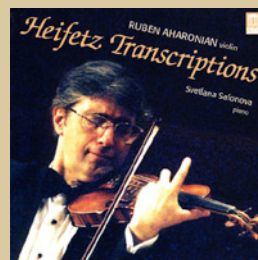
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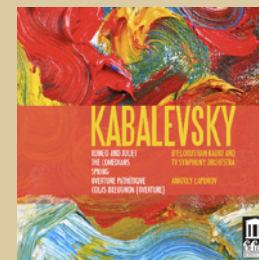
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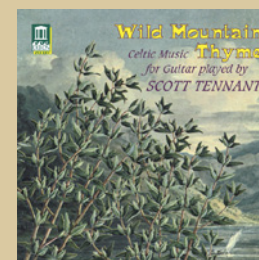
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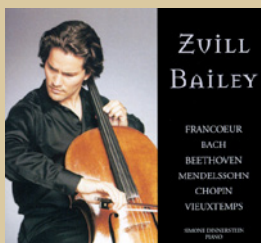
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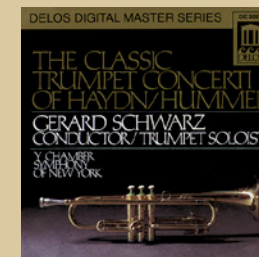
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